



To utilize the Sevier County Fitness Center all eligible employees, their dependents and retirees must sign the attached Waiver below, purchase a "swipe card" (\$10.00) which allows access to the Fitness Center and watch a video on the proper utilization of all workout equipment and machines.

Rules

1. The Fitness Center is only to be utilized by employees, dependents and retirees who have received an official access card – no guests are allowed.
2. Children under the age of 14 are not allowed to use the center and children ages 14 to 18 are only allowed to use the facility with adult supervision.
3. No open food or drink is allowed in the Fitness Center. Members are permitted to use spill-proof drink containers while working out.
4. If any equipment is broken or not working properly, please notify Human Resources directly at 774-3644.
5. No photography or video recording is allowed inside the Fitness Center.
6. No outside personal training is allowed at the fitness center.
7. Please refrain from swearing or using foul language, we are a family friendly facility.
8. Members must wear proper workout attire including shoes (no sandals, flip flops, or muddy boots/shoes).
9. Equipment must be cleaned after each use.
10. Please re-rack all weights when finished using them.
11. Please do not slam or drop weights: if you cannot put them down gently, then don't pick them up.
12. In order to maintain a safe workout environment for all members, no horseplay please.
13. If you are sweaty, please carry a towel and lay it on the pads before using the machine.
14. Please do not sit on the equipment between sets in order to allow others who may be waiting to do a set.
15. Be safe and have fun!

Failure to abide by these rules will result in a loss of the Fitness Center privileges.

Waiver

I agree to release and hold harmless Sevier County Government, its employees and agents from any injuries sustained by my spouse, children or myself as a result of participation in the Sevier County Fitness Center. I assume full responsibility of any risk, implicit or direct by participation in fitness activities at the Fitness Center. I further certify that I have been properly trained on the proper use of all fitness equipment located in the Fitness Center.

Employee Name (Print) _____

Signature _____ Date _____

Department _____ Approved by _____